

YALS TEEN PROGRAMMING IDEAS

PROGRAM TITLE: Teen Cooking

BRIEF PROGRAM DESCRIPTION: Teens meet once per month to cook a meal, eat it together and clean up.

MATERIALS NEEDED: I use a microwave, waffle iron, blender, sandwich maker and toaster oven. An oven is ideal. Cookbooks, ingredients and a fire extinguisher are necessary too.

COST: About \$20/month

PROGRAM PROCEDURE: Prepare recipe and ingredients. Ask participants to read recipe, cook and clean up. Help them with each step as needed. Give pointers on how to cut, tell something is fresh, etc. Ask participants for future recipe ideas.

OUTSIDE PRESENTER CONTACT INFORMATION: You could hire an instructor to teach in in-depth cooking course.

USEFUL PLANNING RESOURCES FOR LIBRARIANS: If you don't have a stove a microwave cookbook is essential.

RELATED MATERIALS FOR DISPLAY /RESOURCE LIST FOR TEENS:

Dishes that have worked well:

Waffles

Microwave fudge

Guacamole

Salsa

Peanut butter bonbons

ADDITIONAL COMMENTS:

The program lasts one hour and I limit registration to 10 people.

CONTACT INFORMATION OF LIBRARIAN SUBMITTING PROGRAM:

Kate Norton, Manchester City Library, knorton@manchesternh.gov, 603-624-6550 x342