Adult Calendar

www.gilfordlibrary.org

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Geri Fit 9AM Mahjong 12:30PM	3 Senior Sculpt 9AM Intermediate Line Dancing 4PM	4 Check Out an Expert 10AM Wellness Wednesday: Intuitive Eating ★ 10AM Chess Club 1PM Paint Group 1PM	5 Geri Fit 9AM French 4PM	6 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	7 Beginner Line Dancing 10:30AM
8	9 Geri Fit 9AM Mahjong 12:30PM	10 Senior Sculpt 9AM Ted Talk 10 AM Intermediate Line Dancing 4PM	11 Check Out an Expert 10AM Trustee Meeting 10AM Beans & Greens ★ Taste Test 11AM Chess Club 1PM Paint Group 1PM BINGO 2PM	12 Geri Fit 9AM French 4PM Ruth Bader ★Ginsberg Performance 2PM	13 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	14 Getting Started ★ with Bird Watching 10AM Beginner Line Dancing 10:30AM Bird Walk 11:30AM
15	16 Geri Fit 9AM Mahjong 12:30PM	17 Senior Sculpt 9AM Eyes on Owls ★ 11:30AM Intermediate Line Dancing 4PM		19 Geri Fit 9AM Book Group 2:30PM French 4PM	Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM	21 Beginner Line Dancing 10:30AM
22	23 Geri Fit 9AM Mahjong 12:30PM	24 Senior Sculpt 9AM Discover Live 1PM Intermediate Line Dancing 2:30PM Friends of the Library 4PM	25 Check Out an Expert 10AM Chess Club 1PM Paint Group 1PM	26 Geri Fit 9AM Art Escape ★ 10:30AM French 4PM	27 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	28 CLOSED
	CLOSED 30 CLOSED 4 MEMORIAL DAY	31 Senior Sculpt 9AM Intermediate Line Dancing 4PM Co-sponsored with	the Gilford Neigh	bors		
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Programs



WELLNESS WEDNESDAY: INTUITIVE EATING - MAY 4 @ 10AM

The first in a series of programs, Judy Cook will teach us how to take the emotions out of eating so you can enjoy the food you eat.

WELLNESS WEDNESDAY: MINDFULNESS - MAY 18 @ 10AM

In part two of the series, Judy shows us techniques to become more mindful.

BEANS & GREENS TASTE TEST - MAY 11 @ 11:30AM

Try out some local fare and taste a variety of veggies, cheeses and more! Brought to you by Gilford's own Beans and Greens.

CHESS CLUB - WEDNESDAYS @ 1PM

Chess Club for all experience levels. Bring your own board or we will have some available.



RUTH BADER GINSBERG PERFORMANCE - MAY 12 @ 2PM

Hear the inspiring story of how RBG changed her life and ours in this performance showing how she stood up against unfairness and inequality.

HAWAIIAN BINGO - MAY 11 @ 2PM

Get ready for summer with Hawaiian themed Bingo!

TED TALK TUESDAY - MAY 10 @ 10AM

Hear from a world chess champion and pro-democracy activist in Russia in his talk "Standing with Ukraine in the Fight Against Evil".

GETTING STARTED WITH BIRD WATCHING & WALK- MAY 14 @ 10AM

A bird watching talk with expert Steve Hale from Open World Explorer. Learn the best ways to spot birds and how to tell them apart. Followed by a guided walk at 11:30AM.

DISCOVER LIVE - INTERVIEW WITH A UKRAINIAN REFUGEE - MAY 24 @ 1PM

A live, interactive discussion with a Ukrainian refugee joining us from Prague.

EYES ON OWLS - MAY 17 @ 11:30AM

Naturalists Mark and Marcia share the field marks, signs and naturalist's skills you can use to find wild owls without disturbing them. Also, meet live owls up close!



ART ESCAPE - MAY 26 @ 10:30AM

Paint a bowl, plate or mug in this class with local DIY art studio, Art Escape.

SING ALONG MUSIC GROUP - MAY 18 @ 2PM

Do you love to sing? Join us at the library for a sing along led by Jane Ellis.

BOOK DISCUSSION: MISS BENSON'S BEETLE- MAY 19 @ 2:30PM

This month's book is *Miss Benson's Beetle* by Rachel Joyce. Led by Rhetta; books are available at the front desk.



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Version 4/19/22

PROGRAMS

BABIES & CO STORYTIME

Join Miss Jill for an energetic baby storytime filled with silly songs and stories!

PRESCHOOL STORYTIME WITH MISS LINDA

Come to a playful storytime with books, songs, and movement with Miss Lnida!



SCIENCE @ THE LIBRARY

Become a junior master gardener and learn the science behind it all! Presented with the University of NH's 4H coordinator.

PRESCHOOL STORYTIME WITH MISS JILL

Join us in an exciting seasonal storytime session!



STORYWALK SERIES

Our famous Storywalks are starting back up and we would love for you to join us! Come to all three Storywalks to receive a prize!

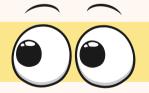
DROP-IN MOTHER'S DAY CRAFT

Create an adorable wall hanging for your mom! Snacks provided by the

Friends of the Library.

LIBRARY LOOK AROUND WEEK

How well do you know your library? Test your skills and find all the items/materials on our list to receive a prize!





CINCO DE STAR WARS PARTY

Celebrate Star Wars Day and Cinco de Mayo with themed food and fun in this

holiday mash-up!

T(W)EEN EARLY RELEASE: OUTDOOR GAMES

Enjoy the weather and play some great games outside!



T(W)EEN AFTER SCHOOL CLUB

Afterschool Teen Club. Hangout with friends, play games, and make stuff.