# Adult Calendar

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May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 Geri Fit 9AM Mahjong 12:30PM	3 Senior Sculpt 9AM Intermediate Line Dancing 4PM	4 Check Out an Expert 10AM Wellness Wednesday: Intuitive Eating ★ 10AM Chess Club 1PM Paint Group 1PM	5 Geri Fit 9AM French 4PM	6 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	7 Beginner Line Dancing 10:30AM
8	9 Geri Fit 9AM Mahjong 12:30PM	10 Senior Sculpt 9AM Ted Talk 10 AM Intermediate Line Dancing 4PM	11 Check Out an Expert 10AM Trustee Meeting 10AM Beans & Greens ★ Taste Test 11AM Chess Club 1PM Paint Group 1PM BINGO 2PM	12 Geri Fit 9AM French 4PM Ruth Bader ★Ginsberg Performance 2PM	13 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	14 Getting Started ★ with Bird Watching 10AM Beginner Line Dancing 10:30AM Bird Walk 11:30AM
15	16 Geri Fit 9AM Mahjong 12:30PM	17 Senior Sculpt 9AM Eyes on Owls ★ 11:30AM Intermediate Line Dancing 4PM		19 Geri Fit 9AM Book Group 2:30PM French 4PM	Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM	21 Beginner Line Dancing 10:30AM
22	23 Geri Fit 9AM Mahjong 12:30PM	24 Senior Sculpt 9AM Discover Live 1PM Intermediate Line Dancing 2:30PM Friends of the Library 4PM	25 Check Out an Expert 10AM Chess Club 1PM Paint Group 1PM	26 Geri Fit 9AM Art Escape ★ 10:30AM French 4PM	27 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	28 CLOSED
	CLOSED 30 CLOSED 4 MEMORIAL DAY	31 Senior Sculpt 9AM Intermediate Line Dancing 4PM <b>Co-sponsored with</b>	the Gilford Neigh	bors		
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Programs



#### WELLNESS WEDNESDAY: INTUITIVE EATING - MAY 4 @ 10AM

The first in a series of programs, Judy Cook will teach us how to take the emotions out of eating so you can enjoy the food you eat.

#### WELLNESS WEDNESDAY: MINDFULNESS - MAY 18 @ 10AM

In part two of the series, Judy shows us techniques to become more mindful.

# BEANS & GREENS TASTE TEST - MAY 11 @ 11:30AM

Try out some local fare and taste a variety of veggies, cheeses and more! Brought to you by Gilford's own Beans and Greens.

#### CHESS CLUB - WEDNESDAYS @ 1PM

Chess Club for all experience levels. Bring your own board or we will have some available.



#### RUTH BADER GINSBERG PERFORMANCE - MAY 12 @ 2PM

Hear the inspiring story of how RBG changed her life and ours in this performance showing how she stood up against unfairness and inequality.

#### HAWAIIAN BINGO - MAY 11 @ 2PM

Get ready for summer with Hawaiian themed Bingo!

#### TED TALK TUESDAY - MAY 10 @ 10AM

Hear from a world chess champion and pro-democracy activist in Russia in his talk "Standing with Ukraine in the Fight Against Evil".

# GETTING STARTED WITH BIRD WATCHING & WALK- MAY 14 @ 10AM

A bird watching talk with expert Steve Hale from Open World Explorer. Learn the best ways to spot birds and how to tell them apart. Followed by a guided walk at 11:30AM.

# DISCOVER LIVE - INTERVIEW WITH A UKRAINIAN REFUGEE - MAY 24 @ 1PM

A live, interactive discussion with a Ukrainian refugee joining us from Prague.

# EYES ON OWLS - MAY 17 @ 11:30AM

Naturalists Mark and Marcia share the field marks, signs and naturalist's skills you can use to find wild owls without disturbing them. Also, meet live owls up close!



#### ART ESCAPE - MAY 26 @ 10:30AM

Paint a bowl, plate or mug in this class with local DIY art studio, Art Escape.

#### SING ALONG MUSIC GROUP - MAY 18 @ 2PM

Do you love to sing? Join us at the library for a sing along led by Jane Ellis.

# BOOK DISCUSSION: MISS BENSON'S BEETLE- MAY 19 @ 2:30PM

This month's book is *Miss Benson's Beetle* by Rachel Joyce. Led by Rhetta; books are available at the front desk.



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Version 4/19/22

# PROGRAMS

#### **BABIES & CO STORYTIME**

Join Miss Jill for an energetic baby storytime filled with silly songs and stories!

#### **PRESCHOOL STORYTIME WITH MISS LINDA**

Come to a playful storytime with books, songs, and movement with Miss Lnida!



#### SCIENCE @ THE LIBRARY

Become a junior master gardener and learn the science behind it all! Presented with the University of NH's 4H coordinator.

#### PRESCHOOL STORYTIME WITH MISS JILL

Join us in an exciting seasonal storytime session!



#### **STORYWALK SERIES**

Our famous Storywalks are starting back up and we would love for you to join us! Come to all three Storywalks to receive a prize!

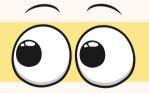
# **DROP-IN MOTHER'S DAY CRAFT**

Create an adorable wall hanging for your mom! Snacks provided by the

Friends of the Library.

#### LIBRARY LOOK AROUND WEEK

How well do you know your library? Test your skills and find all the items/materials on our list to receive a prize!





#### **CINCO DE STAR WARS PARTY**

Celebrate Star Wars Day and Cinco de Mayo with themed food and fun in this

holiday mash-up!

#### T(W)EEN EARLY RELEASE: OUTDOOR GAMES

Enjoy the weather and play some great games outside!



# T(W)EEN AFTER SCHOOL CLUB

Afterschool Teen Club. Hangout with friends, play games, and make stuff.