

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Check Out an Expert 10AM ★ Wellness Wednesday: Eating As We Age 10AM Chess Club 1PM Paint Group 1PM ★ Tips For Growing Vegetables 3PM	2 Geri Fit 9AM ★ Journal Writing 2PM French 4PM	3 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	4 Beginner Line Dancing 10:30AM
5	6 Geri Fit 9AM Mahjong 12:30PM	7 Senior Sculpt 9AM Intermediate Line Dancing 4PM	8 Check Out an Expert 10AM Trustee Meeting 10AM Chess Club 1PM Paint Group 1PM Red, White & Blue BINGO 2PM	9 Geri Fit 9AM Write Your Story 2PM ★ French 4PM Eleanor Roosevelt ★ Performance 6PM	10 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	11 Beginner Line Dancing 10:30AM 
12 	13 Geri Fit 9AM Mahjong 12:30PM	14 Senior Sculpt 9AM Ted Talk 10AM Jeu 4.3 Peace Park 2PM Intermediate Line Dancing 4PM	15 Check Out an Expert 10AM Wellness Wednesday: ★ Reiki 10AM Chess Club 1PM Paint Group 1PM Sing Along 2PM	16 Geri Fit 9AM Legacy Letters 2PM ★ French 4PM Book Group 5:00PM 	17 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM	18 Getting Started With Birdwatching Walk 8AM, Talk 9:30AM ★ Beginner Line Dancing 10:30AM
19 	20 Geri Fit 9AM Mahjong 12:30PM	21 Senior Sculpt 9AM Intermediate Line Dancing 2:30PM Friends of the Library 4PM NH Rocks That Rock 6PM	22 Check Out an Expert 10AM Chess Club 1PM Paint Group 1PM Making Body Scrub 6PM	23 Geri Fit 9AM Intro to Autobiography 2PM ★ French 4PM	24 Senior Sculpt 9AM Bridge 10:30AM Hand & Foot 12:30PM Happy Crafters 1:30PM German 2:30PM Beginner Line Dancing 4PM 	25 Beginner Line Dancing 10:30AM
26 	27 Geri Fit 9AM Mahjong 12:30PM	28 Bulletproof Your Body 10AM ★ Senior Sculpt 9AM ★ Discover Live - Amsterdam 1PM Intermediate Line Dancing 4PM	29 Check Out an Expert 10AM Wellness Wednesday: ★ Food as Your Medicine 10AM Chess Club 1PM Paint Group 1PM Tips for Growing Flowers 3PM	30 Geri Fit 9AM Patriotic Wreath Craft 10:30AM French 4PM ★ Co-sponsored with the Gilford Neighbors		



# Programs



## **WELLNESS WEDNESDAY: EATING AS WE AGE - JUNE 1 @ 10AM**

Learn more about food, how they interact with your body and what ones are best for you as you age from Light Life's Judy Cook.



## **TIPS FOR GROWING VEGETABLES & FLOWERS - JUNE 1 & 30 @ 3PM**

NH author Henry Homeyer, "The Gardening Guy," gives us tips on creating successful vegetable and flower gardens.

## **JOURNAL WRITING, WRITE YOUR STORY, LEGACY LETTERS, AUTOBIOGRAPHY - JUNE 2, 9, 16 & 23 @ 2PM**

In four single-session, interactive workshops, you will learn how to write your story in the form of a journal, legacy letter and autobiography.



## **RED, WHITE & BLUE BINGO - JUNE 8 @ 2PM**

Join us for a fun afternoon of games and prizes!

## **ELEANOR ROOSEVELT PERFORMANCE - JUNE 9 @ 6PM**

Learn more about one of the most admired people of the 20th century in this performance.

## **TED TALK: WE CAN MAKE COVID 19 THE LAST PANDEMIC - JUNE 14 @ 10AM**

Hear from Bill Gates on his GERM team and creating a healthier world.

## **THE JEJU 4.3 INCIDENT: AN UNTOLD STORY OF THE KOREAN WAR - JUNE 14 @ 2PM**

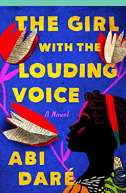
Take a virtual tour of the Jeju 4.3 Peace Park with commentary from one of our librarians who lived in the area.

## **WELLNESS WEDNESDAY: REIKI - JUNE 15 @ 10AM**

Judy Cook from Light Life will introduce you to the art of Reiki and then perform a group Reiki session while you sit in your chair.

## **BOOK DISCUSSION: THE GIRL WITH THE LOUDING VOICE- JUNE 16 @ 5:00PM**

This month's book is *The Girl with the Louding Voice* by Abi Dare. Led by Rhetta; copies available at the front desk.



## **GETTING STARTED WITH BIRDWATCHING - JUNE 18 @ 8AM**

Beginning with a guided walk at 8AM, expert Steve Hale from Open World Explorer shares a bird watching talk at 9:30AM, demonstrating the best ways to spot birds and how to tell them apart.

## **NH ROCKS THAT ROCK - JUNE 21 @ 6PM**

NH Author Dan Szczesny and his daughter went on a statewide adventure to see and learn about some of NH's most famous rocks - and they are sharing them with you!



## **MAKING BODY SCRUB - JUNE 22 @ 6PM**

Come and make your own body scrub with Kim from local shop, Scentapy.

## **BULLETPROOF YOUR BODY- JUNE 28 @ 10AM**

Awakening Chiropractic teaches us proper postures to maintain a healthy spine.

## **DISCOVER LIVE: AMSTERDAM - JUNE 28 @ 1PM**

Join us for an interactive tour of Old Town Amsterdam with a live guide!



## **WELLNESS WEDNESDAY: FOOD AS YOUR MEDICINE - JUNE 29 @ 10AM**

Learn how to allow the food you eat help your body heal, nourish and fuel your body, even build your immune system with Judy Cook from Light Life.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 T(w)een After School Club 2:30PM	2 Storywalk Series 3:30PM	3 Preschool Storytime 10:30AM	4
Library Look Around Week						
5	6 Babies & Co. Storytime 10:00AM	7 Preschool Storytime 10:30AM	8 T(w)een After School Club 2:30PM	9 	10 Preschool Storytime 10:30AM	11 
12	13	14 	15 T(w)een After School Club 2:30PM	16 	17 1,000 Books Before Kindergarten Graduation 10:30AM	18 Drop-In Father's Day Craft 10:30AM #
# Sponsored by the Friends						
19 	20 	21 	22	23 OCEANS OF POSSIBILITIES Summer Reading Program Kick Off! 4PM#	24 # Pearl Diving 1:30PM 	25
26	27 SRP Storywalk 10:30AM	28 # Water Bottle Sea Creatures 10:30AM	29 	30 Playful Picnic 10:30AM Teen Movie 5PM		
Teen Art Project: Build a Recycled Mosaic						





# PROGRAMS



## BABIES & CO STORYTIME

Join Miss Jill for an energetic baby storytime filled with silly songs and stories!

## PRESCHOOL STORYTIME WITH MISS LINDA

Come to a playful storytime with books, songs, and movement with Miss Linda!

## PRESCHOOL STORYTIME WITH MISS JILL

Join us in an exciting seasonal storytime session!

## STORYWALK SERIES

Our famous Storywalks are back! Come to all three Storywalks to receive a prize.

## 1,000 BOOKS BEFORE KINDERGARTEN GRADUATION

Join us for a celebration of our 2022 graduates and participants!

## DROP-IN FATHER'S DAY CRAFT

Make a building memories jar for your dad! Snacks provided by the Friends of the Library.

## LIBRARY LOOK AROUND WEEK

How well do you know your library? Test your skills and find all the items/materials on our list to receive a prize!

## T(W)EEN AFTER SCHOOL CLUB

Afterschool Teen Club. Hangout with friends, play games, and make stuff.

## SUMMER READING PROGRAM KICK OFF!

Kick off our Summer Reading Program by signing-up today and enjoying Magic Fred's Show with ice cream, games, music and more! Sponsored by the Friends of the Library.

## PEARL DIVING

Scavenge for pearls to make jewelry out of them!

## SRP STORYWALK

Join us on a sun-filled storywalk with Miss Jill! Meet in Gilford Elementary main parking lot.

## WATER BOTTLE SEA CREATURES

Make your favorite sea creature using water bottles and other fun crafty materials!

## PLAYFUL PICNIC

Bring a picnic blanket and enjoy games out in the sun! There will be light refreshments.

## TEEN MOVIE: PIRATES OF THE CARIBBEAN

Come by for a movie and snacks.

## TEEN ART PROJECT: BUILD A RECYCLED MOSAIC

Help make a recycled art installation for the teen room from bottle caps!

